

*Spirit of the Children Society*

[www.spiritofthechildren.ca](http://www.spiritofthechildren.ca)



To Register or refer contact:

Coordinator:

Roberta Genesis

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Spirit of the Children Society

#201-768 Columbia Street

New Westminster, B.C. V3M 1B4

**In Partnership with:**

***Aboriginal C&Y Mental Health***

Burnaby/New Westminster



# Iskwew Program



10 week

*Girlz Strengthening Program*

*Snacks and beverages will be provided.*

*Bus tickets are available*

*Iskwew comes from  
the Cree language and means*

*Woman—in this program the girlz  
are young Iskwews!*

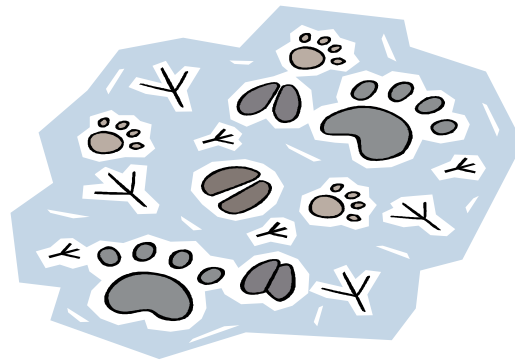
*Iskwew is pronounced*

*Isk-way— oh!*

“Finding strength in  
ourselves as  
Aboriginal women is  
about finding strength  
in our culture,  
together”

*- Rain Daniels*

Supporting young Iskwew's  
between the ages of 12 & 18  
with knowledge & awareness to  
make informative decisions that  
will enhance, create and sustain  
the life they want.



*Iskwew's explore the 7 Sacred  
Teachings:*

*Honesty*

*Courage*

*Truth*

*Wisdom*

*Love*

*Respect*

*Humility*

**Do you know a girl 4 the program?**

★ **Registration is Required**

The Iskwew Program rotates at  
the following locations:

⇒ New Westminster

⇒ Burnaby

⇒ Tri-cities:

Make a ten week commitment  
and **EARN** a certificate  
symbolizing the strengths  
enhanced during the program!

