

ALL PROGRAMS

JUNE 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MORNING PRAYER 10:00am On FACEBOOK</p>	<p>TRADITIONAL ABORIGINAL PARENTING PROGRAM (*Registration Required*) 5:30 - 8:00pm Via ZOOM</p>	<p>CRAFT DROP-IN (*Registration Required*) 4:00 - 7:00pm SOTCS OFFICE</p>	<p>HLULU FAMILY DROP-IN (*Registration Required*) 9:00 - 12:00pm SOTCS OFFICE</p>	<p>MORNING PRAYER 10:00am On FACEBOOK</p>
<p>TRADITIONAL REGALIA MAKING (*Registration Required*) 1:00 - 4:00pm SOTCS OFFICE</p>		<p>ADDICTIONS SUPPORT GROUP (*Registration Required*) 5:30 - 7:30pm SOTCS OFFICE</p>	<p>TRADITIONAL ABORIGINAL PARENTING PROGRAM (*Registration Required*) 5:30 - 8:00pm Via ZOOM</p>	<p>HLULU FAMILY DROP-IN (*Registration Required*) 9:00 - 12:00pm SOTCS OFFICE</p>
<p>WOMEN'S CIRCLE (*Registration Required*) 6:00pm - 8:00pm Via ZOOM</p>	<p>SATURDAY</p>	<p>INTERGENERATIONAL TRADITIONAL KITCHEN June 1 - Jun 29 (*Registration Required*) 4:00 - 6:30pm SOTCS OFFICE</p>	<p>CULTURAL TEACHINGS On FACEBOOK</p>	<p>RECLAIMING OUR SPIRIT (*Registration Required*) 10:00 - 12:00pm SOTCS OFFICE</p>
<p>MEN'S CIRCLE (*Registration Required*) 5:30pm - 8:00pm</p>	<p>TRADITIONAL ABORIGINAL PARENTING PROGRAM (*Registration Required*) 10:00 - 12:00pm Via ZOOM</p>	<p>INFANT MASSAGE June 15 - July 13 11:00-12:00pm</p>	<p>CIRCLE OF SECURITY June 23 - Aug 18 5:30pm - 7:00pm SOTCS OFFICE</p>	<p>FASD PARENT/CAREGIVER SUPPORT GROUP June 3 & June 17 (*Registration Required*) 1:00 - 3:00pm Via ZOOM & SOTCS OFFICE</p>
	<p>Hasé April 09 - June 11 (*Registration Required*) 10:00 - 1:00pm SOTCS OFFICE</p>			

Spirit of the Children Society (SOTCS)

201- 768 Columbia Street, New Westminster, BC V3M 1B4

Tel: 604-524-9113 Fax: 604-524-9124 www.sotcs.ca

[Facebook](https://www.facebook.com/sotcs) (www.facebook/sotcs)

For program information, please see other side.



Spirit of the Children Society Program Information

***** REGISTRATION REQUIRED FOR ALL PROGRAMS - PROGRAMS FILL UP FAST & SPACE IS LIMITED *****

For more information, please contact Reception.

Please note: Currently all Drop-in programs have the latest information on our website.

However, our Family Strengthening program, Aboriginal Supported Child Development and Aboriginal Infant Development Program are restricted to children and families residing within the New Westminster, Burnaby, and Tri City areas (Coquitlam, Port Coquitlam, Port Moody).

EARLY CHILDHOOD PROGRAMS

Soaring Eagles Playtime (Hlúlu): Join us online for our family Registered Programs for families with children from birth to 6 years old, now live on Facebook and occasionally by Zoom. We focus on traditional teachings, such as the Medicine Wheel and the Seven Sacred Teachings. For attendees, the chance to win a prize in our monthly draw. For more information contact Reception.

Aboriginal Infant Development Program (AIDP):

This program will offer services to Aboriginal children from birth -six who are identified as at-risk for developmental delay, developmentally delayed, or with a diagnosed disability, and their families living in Burnaby, New Westminster, Tri-Cities.

Infant Massage Program: Parents and caregivers with infants who are in the pre-crawling stage and are of Indigenous ancestry. Will be taught different massage strokes which will build on and strengthen their attachment and bonding with their infants through nurturing touch. Please look at our website for new updates

Circle of Security: (8 week program). This program is offered to parents and caregivers of Aboriginal children. Caregivers will work towards gaining better understanding of their child's emotional world by learning to read emotional needs, support their child's ability to successfully manage emotions, enhance the development of their child's self-esteem, and honor the innate wisdom and desire for their child to be secure.

Obin Ni'l Prenatal Program: (Gitxsan for - I am pregnant) (8 week program). Any Indigenous pregnant women can register at any point during her pregnancy. Soon to be mother's will learn about their pregnancy in a traditional and clinical way.

Traditional Regalia Making: For Indigenous families with children birth - 6 years old. Make a traditional regalia, shawl, ribbon shirt, button blanket or moccasins for yourself or your child and learn the meaning behind Powwows.

FASD Parenting Support Group: For parents, relatives and caregivers who are raising Indigenous children who have or may have a Fetal Alcohol Spectrum Disorder.

Aboriginal Supported Child Development (ASCD): Support Indigenous children who require additional support in a childcare setting. Families with children up to 12 years of age and are living or attending childcare programs in the Burnaby, New Westminster and Tri-cities area can access ASCD at Spirit of the Children. Consultants can support families to find inclusive and licensed childcare centers, assist with supporting developmental goals and accessing resources. No diagnoses required. Self-referrals accepted.

Reclaiming Our Spirits (ROS): (9 week program). This program is offered to parents & caregivers of aboriginal children, to learn + share about culture and self care.

Hase: (8 week program). Early Intervention program for Aboriginal children ages 0-6. This program is offered to families with children requiring consultation and support in the areas of Speech and Language and Occupational Therapy (such as eating and sleeping concerns). Caregivers can learn techniques, obtain resources and developmental activities.

Jordan's Principle Service Coordinator:

Ensures that First Nations children living on and off reserve are not denied access to public services.

Eligibility requirements are:

⇒First Nations children 0-19 years of age

⇒Have status or are eligible for status.

⇒Has a parent or guardian that has status or is eligible for status.

⇒Child is ordinarily a resident on reserve.

⇒Has been recognized by their First Nations band for the purpose of Jordan's Principle funding.

Service categories covered by Jordan's Principle are health, social and educational.

FAMILY DEVELOPMENT PROGRAMS

Traditional Aboriginal Parenting Program: This program is offered to both fathers and mothers (co-ed). The program focuses on strengthening, motivating and inspiring parents to dedicate their best efforts in teaching and raising children to develop their fullest potential and attributes required for success in life, for both parents and children. Bus tickets, childminding, and meals provided.

Addiction Counselling: This program is designed to provide participants the opportunity to explore the effects of alcohol and drug use on their lives and strengthen or begin their recovery. Participants will be encouraged to take ownership of their own healing journey. Throughout the 6-11 weeks program, participants will develop self-awareness, nurture self-acceptance and develop tools and resources to heal themselves in order to help themselves, their families, and communities. Healing will be accomplished through applying Aboriginal Methodology and the traditional teachings of the Medicine Wheel along with shared personal stories of trauma and accomplishments in the group.

Family Strengthening Workers (FSW): Provides a supportive environment to Indigenous families experiencing life challenges. They assist families in creating, or increasing, natural and extended family supports in the community and to assist families in developing specific strategies in dealing with family challenges. The FSW will support the Indigenous cultural spiritual beliefs and value systems of the families and will empower families to effectively meet their needs.

Men's Support Circle: Provides support for fathers to learn more about Indigenous culture and healthy parenting skills. Drop-in, bus tickets, and snack provided.

Women's Support Circle: For Indigenous women to connect in a supportive social network; learn educational topics along with cultural teachings. Drop-in, bus tickets, and snack provided.

Traditional Community Kitchen: Facilitator will share traditional teachings associated with food preparation, recipes, and stories to promote health and nutrition. Participants will prepare meals to take home for their family to enjoy.

Family Nurse Practitioner: Wednesday from 10:00am-4:00pm @ SOTCS. During COVID-19 Restrictions, please call first.

Call FRAFCA Clinic to make an appointment, 604-283-3293 Sarah Jane Crossen, MN-NP(F).

HOUSING SUPPORT PROGRAMS

Family Housing Support Program:

Appointment Based only: We assist families in homelessness prevention and help with goal planning. **Appointments available Monday, Wednesday, Thursday & Friday 9:00am-4:00pm (except TUESDAYS).** For more information, please contact Blaine Kane. (b.kane@sotcs.ca)

Housing First Youth Program:

Appointment Based only: This program supports Youth who are episodically and chronically homeless with priority given to Youth ageing out of care.

Appointments available Monday - Friday: 9:00am-4:00pm (except TUESDAYS). For more information, please contact Blaine Kane. (b.kane@sotcs.ca)

YOUTH PROGRAMS

(Please see our YOUTH Calendar on the website)

Youth Enhancement Program: On-going 1:1 Outreach support for Children/Youth that are in care, out of care, and are at risk of coming into care of the Ministry of Children and Family Development. This enhancement program will assist the children/youth from the ages 7 to 12 (tweenies) and 13 to 19 (youth) with culturally appropriate Rites of Passage for when they transition out of care. To engage and empower our future leaders. **Registration is ongoing and runs all year.**

Tweenies Group: for Youth ages 7-12. This program focuses on the transition from early childhood into teenage years. Activities can include cultural teachings and ceremony, arts & crafts, interactive games, movie nights, having fun and more! Importance is placed on developing a strong sense of belonging and cultural identity. Indigenous perspectives are intertwined throughout all programs. **Registration is required.**

Cultural Teachings: For children and youth ages 7-18. This program is led by a Cultural Youth Enhancement Worker! Focus is placed on supporting and strengthening Indigenous cultural awareness, and identity. Indigenous perspectives are intertwined throughout all programs. **Registration is required**

Iskwew Girls Group (Ages 10-15): Once a week. Please see our Youth Calendar on Facebook or on our website for date/time.

Napew Boys Group (Ages 10-15): Once a week. Please see our Youth Calendar on Facebook or on our website for date/time.

SOGI: Once a week. Please see our Youth Calendar on Facebook or on our website for date/time.

***Additional youth drop-ins are being planned for every night of the week (Monday to Friday), each one unique and exciting. For more information, please contact Mikhaila Tobin 604-554-0686.**

Website: www.sotcs.ca

[Facebook](https://www.facebook.com/sotcs) (www.facebook.com/sotcs)

Let's take this journey together.