








	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Obin Ni'i Prenatal Program @ SOTCS Thursdays 9:30am - 12:30pm (8 week Program) Accepting Registrations	2 Hlúlu Family Drop-In @ St. Stephens Church 9:00am-12:00pm	3 	4 Hlúlu Family Drop-in @ Meadowbrook Elementary 9:00am-12:00pm	5 COS @SOTCS Prenatal @ SOTCS Hlúlu Family Drop-In @SOTCS 1:00pm- 4:00pm	6 Hlúlu Family Drop-In @SOTCS 9:00am-12:00pm Infant massage @ SOTCS FASD @SOTCS Turtle rattle making work shop 1:30-3:30 ROS 9:30-12:30	7 Hasé Saturday Program
Traditional Regalia Making Program @ SOTCS Cancelled until further notice						
FASD Parent Group @ SOTCS 12:30pm - 2:30pm March 6th & 20th	9 Hlúlu Family Drop-In @ St. Stephens Church 9:00am-12:00pm	10 	11 Hlúlu Family Drop-in @ Meadowbrook Elementary 9:00am-12:00pm	12 COS @SOTCS Prenatal @ SOTCS Hlúlu Family Drop-In @SOTCS 1:00pm- 4:00pm	13 Hlúlu Family Drop-In @SOTCS 9:00am-12:00pm Infant massage @ SOTCS ROS @SOTCS Turtle rattle making work shop 1:30-3:30	14 No Hase Program
Circle Of Security @ SOTCS Thursdays 9:30am-12:30pm 8 week program Accepting Registrations						
Reclaiming Our Spirits @ SOTCS Fridays 9:30 am - 12:30pm (9 Week Program) Accepting Registrations	16 Hlúlu Family Drop-In @ St. Stephens Church 9:00am-12:00pm	17 	18 Spring break no Hlúlu Family Drop-in	19 COS @SOTCS Hlúlu Family Drop-In @SOTCS 1:00pm- 4:00pm	20 Hlúlu Family Drop-In @SOTCS 9:00am-12:00pm ROS @SOTCS Infant massage @ SOTCS FASD @SOTCS Turtle rattle making work shop 1:30-3:30	21 Hase Saturday Program
Hasé Saturday Program (8 Week Program) Registered program By Consultant						
Infant massage @ SOTCS Accepting registrations Fridays 10:00am- 11:00am (5 Week program)	23 Hlúlu Family Drop-In @ St. Stephens Church 9:00am-12:00pm	24 	25 Spring break no Hlúlu Family Drop-in	26 COS @SOTCS Hlúlu Family Drop-In @SOTCS 1:00pm- 4:00pm	27 Hlúlu Family Drop-In @ SOTCS Infant massage @ SOTCS Turtle rattle making work shop 1:30-3:30	28 Hasé Saturday Program
Turtle rattle making work shop @ SOTCS Accepting registrations Friday 1:30pm-3:30pm March 6th,13th,20th & 27th	30 Hlúlu Family Drop-In @ St. Stephens Church 9:00am-12:00pm	31 	 		Circle Time With Spirit of The Children Join us on Wednesday March 4h & 11th for a drop-in cultural Storytime with drumming and Indigenous stories and songs, presented by Spirit of The Children Society. All ages welcome, everyone welcome. 2-2:30pm @ New West Main Library.	



Hlólú Family Drop-In Programs: Join us for our family Drop-in Programs for families with children from birth to 6 years old, both here at SOTCS and out in your community. We provide healthy snacks and circle time with songs and drumming as well as many toys and resources in a warm cultural environment. We focus on traditional teachings, such as the Medicine Wheel and the Seven Sacred Teachings. For more information contact Reception

Burnaby: Mondays; 9:00am-12:00pm @ St. Stephens Church 9887 Cameron St.

Coquitlam: Wednesdays; 9:00am-12:00pm @ Meadowbrook Elementary 900 Sharpe St. **No program March 18th & 25th**

New Westminster: Thursdays; 1:00pm-4:00pm @ Spirit Of The Children Society 201-768 Columbia Street.

New Westminster: Friday; 9:00am-12:00pm @ Spirit Of The Children Society 201-768 Columbia Street.

Aboriginal Infant Development Program (AIDP): Our Aboriginal Infant Development Consultants promote bonding and healthy development. They provide parents with information about developmental stages and delays with their children aged 0-3 years old as well as cultural resources. Self-referrals accepted. For more information, contact Reception

Traditional Regalia Making: Fridays @ Spirit Of The children Society 1pm-4pm. (8 week program) For Aboriginal families with children birth - 6 years old. Make a traditional regalia, shawl, ribbon shirt, button blanket or moccasins for yourself or your child and learn Powwow teachings. Accepting registrations. **Cancelled until further notice.**

Obin Ni'i Prenatal Program (Gitxsan for —I am pregnant): Thursdays @ SOTCS 9:30am- 12:30pm. (8 week program) Aboriginal pregnant women can register at any point during her pregnancy. Soon to be mothers will learn about their pregnancy in a traditional and clinical way. For more information, contact Reception **Jan 30th March 12th**

FASD Parenting Support Group: Generally held on the first and third Friday of this month 12:30pm to 2:30pm @ Spirit Of The Children Society. For Aboriginal parents, grandparents, and caregivers who are raising children with Fetal Alcohol Spectrum Disorder. For more information please contact Reception

Aboriginal Supported Child Development (ASCD): Aboriginal Supported Child Development Consultants support children who have extra support needs in childcare settings for Aboriginal families living in the Burnaby, New Westminster and Tri-cities area. Consultants support working families or those in school, to find licensed child care centers, assist with, supporting developmental goals and access resources, such as developmental assessments. No diagnoses required. Self-referrals accepted. For more information, contact an ASCD consultant.

Hasé Saturday Program: @ Spirit Of the Children Society; A program for Aboriginal children who require extra support. Elder and staff from SOTCS team; SLP and Early intervention Therapy. Caregivers can learn cultural teachings as well as ideas on techniques, and developmental activities for their children. Snack, lunch and bus tickets are provided. Contact Reception for more information. This a registered program. **January 25th—March 28th**

Reclaiming Our Spirits: Friday @ Spirit of the children society 9:30-12:30; This is a 9 week Parent Education Series on participating in cultural practices and understanding social-emotional wellness. For more information please contact Reception **January 17th- March 20th**

Circle of Security: Thursday @ Spirit of the children society 9:30-12:30; 8 Week Parenting Program: A program for parents and caregivers of children ages 0-6yrs. Strengthen your relationship with your child. Learn to recognize your child's needs and better understand their behaviour. Begin to understand your own reactions to your children. For more information please contact reception.

January 23rd—March 12th

Spirit of the Children Society

201-768 Columbia Street, New Westminster, BC V3M 1B4

Tel: 604-524-9113 ECD Programs

www.sotcs.ca